

Embrace New Beginnings

LEVELS OF CARE AT THE HAMPTON AT MEADOWS PLACE



Live where there's more to life.

 *The*
Hampton
at MEADOWS PLACE

Welcome to The Hampton at Meadows Place, where we believe every resident deserves a life filled with purpose, connection, and joy. Nestled on a scenic 14-acre campus in Meadows Place, Texas, our senior living community offers more than just care; we create a place where residents can truly thrive.

We understand that choosing the right level of care is one of the most important decisions you'll make for yourself or someone you love. Our senior living community offers three distinct levels of care, each thoughtfully crafted to meet different needs while maintaining the highest standards of support and comfort.

Whether you're seeking independence with minimal assistance for yourself or considering enhanced support for a family member with specific needs, our team provides a seamless continuum of care that can adapt as needs change.

Our team is exploring the three levels of care we provide at The Hampton at Meadows Place, empowering you with the knowledge needed to determine which lifestyle option is the perfect fit for your family's unique situation.



Did you Know?

By 2030, all baby boomers will be 65 or older, comprising about 21% of the U.S. population and making quality senior care options more important than ever.

Assisted Living:

Independence with Support

We haven't met yet, but we know at least one thing about you: you want to stay as independent as possible, even if you might need some help every so often.

Assisted living at The Hampton at Meadows Place is designed for residents who value their independence but appreciate having support readily available when needed. This level of care is perfect for those who can manage most daily tasks on their own but benefit from assistance with certain aspects of daily living.



What Assisted Living Offers

Assisted living residents enjoy spacious apartments with personalized care plans tailored to their specific needs. Services include medication management, assistance with personal care tasks like showering and dressing, housekeeping and laundry services, and three chef-prepared meals daily. Residents also have access to scheduled transportation, 24-hour emergency response systems, and coordination of medical appointments.

The beauty of assisted living lies in its flexibility. Residents receive exactly the level of support they need according to their specific health concerns and interests. Our team works closely with each resident to understand their preferences and provides assistance that enhances rather than replaces their independence.

Assisted Living:

Independence with Support



Unique Features of Our Assisted Living Lifestyle Option

What sets our assisted living neighborhood apart is our commitment to creating a resort-like experience. Residents enjoy access to our full calendar of engaging programs, fitness center with an ADA-compliant therapy pool, beautifully landscaped outdoor spaces, and restaurant-style dining venues. Our Salus™ wellness philosophy ensures that every resident has opportunities to grow physically, socially, intellectually, and spiritually.

We also offer a variety of floor plans, allowing individuals to choose a living space that aligns with their needs and preferences. From cozy studios to spacious one-bedroom apartments, each space is designed with comfort and accessibility in mind.



Who Benefits Most from Assisted Living?

Assisted living is ideal for individuals who are generally healthy and mobile but may need help with some daily tasks. This could include older adults who face increasing challenges in mobility or managing their medications, those who feel isolated in their current homes, or individuals who want to downsize while maintaining their independence.

It's also perfect for those who are looking ahead and want to establish themselves in a community before their care needs increase.

Enhanced Care:

Comprehensive Support for Complex Needs

Enhanced Care at The Hampton at Meadows Place represents our commitment to providing an alternative to skilled nursing while maintaining the warmth and personalized attention of assisted living. This level of care serves individuals who need more intensive support than residents in our traditional assisted living neighborhood but still want to maintain their dignity and enjoy community life, without the intensive care provided at skilled nursing facilities.

Enhanced assisted living is often a superior choice compared to skilled nursing care because it prioritizes the unique preferences and lifestyles of residents.



What Enhanced Care Offers

Enhanced Care provides all the services of traditional assisted living, plus additional support for complex medical needs. This includes two-person assists for residents with mobility challenges, mechanical lifts when necessary, and intensive assistance with all daily living tasks. Residents in our Enhanced Care community receive around-the-clock nursing support and have access to specialized medical equipment as needed.

The level of personal attention in Enhanced Care is exceptional, with caregiver ratios of one team member for every four residents, which is significantly better than most skilled nursing facilities that typically have ratios of one to six or eight.

Enhanced Care:

Comprehensive Support for Complex Needs



Unique Features of Enhanced Care

What truly distinguishes our Enhanced Care is our comprehensive approach to complex care needs. We provide two-person assists for residents who require additional safety support during transfers and personal care. When needed, mechanical lifts ensure safe and dignified mobility assistance.

Our Enhanced Care services feature all-inclusive, transparent pricing. At \$7,275 per month for a private studio apartment, residents and families know exactly what to expect with no hidden fees or surprise charges. This pricing includes three chef-prepared meals daily, all utilities except phone, housekeeping and laundry services, access to our 14-acre campus with gardens and walking paths, and individualized programming.



Who Benefits Most from Enhanced Care?

Enhanced Care is designed for individuals with chronic medical conditions, significant mobility limitations, or complex care needs that require more intensive support than traditional assisted living can provide. This level of care is perfect for individuals who need help with most daily tasks but want to avoid the institutional feel of a skilled nursing facility. It's also ideal for residents who may require specialized equipment or two-person assistance but still want to participate in community life and maintain their personal preferences and routines.



Memory Care:

Specialized Support Through Signature Programming

Our Valeo™ Memory Care neighborhood provides specialized support for individuals living with Alzheimer’s disease, dementia, and other memory impairments. The name “Valeo” comes from the Latin word meaning “to thrive,” which perfectly captures our philosophy of helping residents with memory challenges live their most meaningful lives.



What Our Valeo™ Memory Care Program Offers

Memory Care at The Hampton at Meadows Place includes specialized dining through our signature program, Valeo™ Bites. This tapas-style approach to cuisine promotes independence and well-being by empowering residents to feed themselves while fostering meaningful connections with team members and fellow residents. Our 24-hour dementia care team also schedules daily wellness checks for each resident and provides support with their medication management.

Every Valeo™ program is personalized for individual residents, taking into account their unique abilities.

The program incorporates our wellness philosophy through four key areas: physical wellness through nutritious food and exercise, social connections with both people and pets, intellectual stimulation through creative programming, and spiritual wellness that honors personal beliefs and traditions.



Memory Care:

Specialized Support Through Signature Programming



Unique Features: Safety, Structure, and Social Engagement

Our memory care neighborhood features a secure setting with specially designed spaces that help residents feel oriented and comfortable. Circular hallways, clearly labeled rooms, and memory-enhancing design elements create safe surroundings where residents can move freely without becoming confused or lost.

The structure of our Valeo™ program provides predictable routines that help reduce anxiety and confusion while still allowing for personalized experiences. Our signature programs are all individualized, building on each resident's unique life story, interests, and abilities. We also provide specialized services, including the Accushield visitor management system for added security and Caremerge technology for family engagement and communication.



Who Benefits Most from Memory Care?

Memory care is specifically designed for individuals with Alzheimer's disease, dementia, or other memory impairments who need specialized support and a secure setting. This level of care is ideal for individuals who may become confused in unfamiliar surroundings, those who need help with most or all daily tasks due to cognitive challenges, or individuals whose safety could be compromised without proper supervision and structure.



A Side-by-Side Comparison:

Understanding the Key Differences



The primary distinctions between our three levels of care center on the degree of support provided and the specialized services available. Assisted Living focuses on helping individuals maintain their independence while providing selective support. Residents typically need help with one or two daily tasks and want to preserve as much autonomy as possible. This setting encourages social engagement and personal choice, with services that supplement rather than replace a resident's existing capabilities.

Enhanced Care bridges the gap between assisted living and skilled nursing, offering intensive medical support while maintaining the dignity and personalized attention of a residential community. This level of care provides comprehensive assistance with most daily tasks, specialized equipment when needed, and higher caregiver-to-resident ratios to ensure complex medical needs are met.

Memory Care through our Valeo™ program specifically addresses the unique challenges of cognitive impairment, providing specialized programming, secure spaces, and a trained team who understand how to communicate effectively with residents experiencing memory loss.

While all three levels share our commitment to holistic wellness and community engagement, each is specifically designed to meet distinct care needs and life circumstances.



Amenities and Services at The Hampton at Meadows Place

Regardless of which level of care you choose, all residents in our community enjoy access to our comprehensive amenities and services. Our 14-acre campus features beautifully manicured gardens, walking paths, courtyards, and peaceful ponds that create a resort-like setting for daily life.

Some of our amenities and services include:

- Salus™ holistic wellness philosophy and Valeo™ Memory Care programming
- Soda Shoppe and ice cream parlor
- 24-hour team coverage and health support
- Coordination of ancillary and medical services by a Wellness Director
- Daily wellness checks
- Dedicated rehab space
- Emergency response system
- Salon
- Entertainment, social events, and educational programs
- Billiards and shuffleboard
- Housekeeping, laundry, and linen services
- Maintenance and repairs
- Library and lounge
- Sun and garden room
- Outdoor pool
- Personalized fitness and wellness programs
- Pet-friendly environment
- Transportation services
- Accushield visitor and vendor management system for added security
- Caremerge for family and community engagement, interaction, feedback, and programming
- State-of-the-art ALIS electronic health system (EHR)
- Amba Health and Care Technology

Dining is a highlight of our community, with restaurant-style venues serving delicious meals that cater to various dietary needs and preferences. Our fitness center includes an ADA-compliant therapy pool with a spa lift, perfect for low-impact exercise and rehabilitation.



Amenities and Services at The Hampton at Meadows Place

Additionally, our Enhanced Care neighborhood provides the following for extra support:



Two-Person Assists and Mechanical Lifts:

For residents who need extra help with mobility or daily tasks, our care team provides two-person assists and mechanical lifts. These methods ensure safe and comfortable support, especially for those with higher mobility challenges.



Mechanical Lifts:

For residents requiring assistance with transfers or mobility, we utilize mechanical lifts. These are specially designed to ensure safe and efficient movement while minimizing strain or discomfort for both residents and caregivers.



One-to-Four Staffing Ratios:

Our commitment to personalized care is reflected in our high caregiver-to-resident ratio. While many skilled nursing homes operate with one team member for every six to eight residents, we maintain a one-to-four ratio. This ensures that each resident receives more focused care and attention, improving their experience and lifestyle.



Two-Person Assists:

If residents need additional support, our two-person assist approach is used to maximize safety and comfort. This method provides hands-on help with careful coordination, ensuring that mobility challenges are met with professionalism and compassion.

Why Choose The Hampton at Meadows Place?

The Hampton at Meadows Place offers senior living that enhances life's possibilities through personalized care tailored to each resident's preferences and goals. With a focus on transparent communication, wellness programming, and compassionate support, families can find peace of mind knowing those they love are well cared for. Our continuum of care allows residents to transition smoothly between different levels of support without leaving their familiar environment.

Located in Meadows Place, Texas, near Sugar Land and Houston, our community balances accessibility with a serene suburban setting. The thoughtfully designed campus promotes independence and connection, offering spaces for quiet reflection as well as vibrant social engagement and group activities.

Discover the Perfect Level of Care at The Hampton at Meadows Place

Choosing the right level of care is a deeply personal decision, and we're here to support you every step of the way. Our experienced team understands the complexities involved in making this choice and can provide personalized guidance based on your unique situation.

We invite you to visit The Hampton at Meadows Place to experience our community firsthand. During your visit, you'll meet our compassionate team members, tour our beautiful campus, and learn more about how our programs can be tailored to meet specific needs. Contact our team today to [schedule your personalized tour](#) and begin the conversation about which level of care might be right for your family. Our team is ready to answer your questions, address your concerns, and help you make an informed decision about this important next chapter.

Live where there's more to life.




at MEADOWS PLACE